

Your Gift, Your Legacy

Having an estate plan is a gift that helps your family have some level of peace in a less-than-ideal situation. However, as helpful as real estate, life insurance, gold coins and motor vehicles may be, information is also a valuable gift. Sharing what you know of your history and family can be a priceless legacy for your descendants. Below are a few examples

- Genealogical information for your family to treasure
 - Your family tree
 - Ancestry.com: ancestral chart
 - Genogram: share your family's information (the good, bad and ugly) with your descendants
 - Medical genogram: share your family's health information (the good, bad and ugly) with your descendants
- DNA Sequencing: if you printed all your DNA (6.4 billion letters), it would fill 4,200 books
 - 23andMe: looks at less than 1% of your DNA
 - Veritas: sequences your whole genome; www.veritasgenetics.com
 - More useful information
 - More actionable insights: make better health and lifestyle decisions with clinical-grade results
 - A resource for life: sequence your genome once and learn more and more as science progresses
- Timeline: you can start by sharing your places of residence
 - Add exciting vacations
 - Achievements
 - Births and important events.
- Photos with Notes: Scanning your photos can be tedious but it makes it easy to share. Notes and dates help paint a picture of your adventures and make it easier to create a timeline of your history.
 - Portraits
 - Family portraits
 - Share your greatest achievements and hobbies